

**KENT STATE UNIVERSITY
COLLEGE OF NURSING**

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: _____

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
DIRECT PATIENT CARE						
Complete Bath		8/26/08	8/26/08	As an Lpn	As an Lpn	
Oral Care		8/26/08	8/26/08	As an Lpn	As an Lpn	
Skin Care		8/26/08	8/26/08	As an Lpn	As an Lpn	
Hair Care		8/26/08	8/26/08	As an Lpn	As an Lpn	
Foot & Nail Care		8/26/08	8/26/08	As an Lpn	As an Lpn	
Back Massage		8/26/08	8/26/08	As an Lpn		
Braden Scale Skin Assessment		8/26/08	8/26/08	As an Lpn	As an Lpn	
Positioning & Repositioning		8/26/08	8/26/08	As an Lpn	As an Lpn	
Range of Motion		8/26/08	8/26/08	As an Lpn	As an Lpn	
Assist with Ambulation		8/26/08	8/26/08	As an Lpn	As an Lpn	
Falls Precautions		8/26/08	8/26/08	As an Lpn	As an Lpn	
Transfer Techniques		8/26/08	8/26/08	As an Lpn	As an Lpn	
Feeding		8/26/08	8/26/08	As an Lpn	As an Lpn	
Recording I & O's		8/26/08	8/26/08	As an Lpn	As an Lpn	
Ted Hose/SCDs		8/26/08		As an Lpn		
APPLYING RESTRAINTS						
Posey				As an Lpn		
Wrist & Ankle				As an Lpn		
BED MAKING						
Occupied		8/26/08	8/26/08	As an Lpn	As an Lpn	
Unoccupied		8/26/08	8/26/08	As an Lpn	As an Lpn	
VITAL SIGNS						
Temperature		10/8/08	10/8/08	As an Lpn	As an Lpn	
Respiration		10/8/08	10/8/08	As an Lpn	As an Lpn	
Pulse		10/8/08	10/8/08	As an Lpn	As an Lpn	
Blood Pressure		10/8/08	10/8/08	As an Lpn	As an Lpn	
Orthostatic Blood Pressure		10/8/08	10/8/08	As an Lpn	As an Lpn	
Pain Assessment		10/8/08	10/8/08	As an Lpn	As an Lpn	
NEUROLOGICAL ASSESSMENT						
Glasgow Coma Scale				As an Lpn	04/6/11	

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		Adult	Child	Adult	Child	
CARDIAC MONITORING				As an Lpn		
EKG/Telemetry				As an Lpn		
12 lead EKG administration						
ELIMINATION						
Enemas		10/21/08		As an Lpn		
Colostomy: Irrigation		10/21/08		As an Lpn		
Dressing		10/21/08		As an Lpn		
Placing Appliance		10/21/08		As an Lpn		
Ileostomy		10/21/08		As an Lpn		
Catheterization		2/23/09		As an Lpn		
Indwelling: Male		2/23/09		As an Lpn		
Female		2/23/09		As an Lpn		
Straight: Male		2/23/09		As an Lpn		
Female		2/23/09		As an Lpn		
Urosheath: Male						
Indwelling Catheter Care		2/23/09		As an Lpn		
Catheter Irrigation		8/26/09		As an Lpn		
Perineal Care		8/26/08		As an Lpn		
Urosheath Care						
IRRIGATIONS						
Eye	*****					
Ear	*****					
Bladder				As an Lpn		
Vaginal						
Wound				As an Lpn		
SPECIMEN COLLECTION						
24 hour Urine				As an Lpn		
Specific Gravity						
Sterile from indwelling cath						
Stool:						
Guaiac/Hemocult				As an Lpn		
Ova & Parasite				As an Lpn		
C & S				As an Lpn		
Sputum				As an Lpn		
Blood Glucose Monitoring				As an Lpn		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent	*****			As an Lpn		
Dry sterile dressing		12/08/08	12/08/08	As an Lpn	4/20/11	
Peripheral IV site dressing change	*****			10/28/12		
Central line dressing change	*****					
Wet → Dry sterile dressing		12/08/08	12/08/08	As an Lpn		
Packed wound dressing		12/08/08		As an Lpn		

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Coughing & deep breathing		12/27/08	12/27/08	As an Lpn	3/30/11	
Incentive spirometry		12/27/08		As an Lpn	3/30/11	
Assist to dangle & ambulate				As an Lpn		
Assist with cast				As an Lpn		
Assist with traction				As an Lpn		
Intermittent wall suction				As an Lpn		
Naso-gastric irrigation		12/09/09		As an Lpn		
Hemovac drain care		12/09/09		As an Lpn		
JP drain care		12/09/09		As an Lpn		
Nasogastric continuous feeding		12/09/09		As an Lpn		
Gastrostomy intermittent feeding		12/09/09		As an Lpn		
RESPIRATORY CARE						
Oxygen Therapy:		12/27/08	12/27/08	As an Lpn		
Nasal cannula		12/27/08	12/27/08	As an Lpn		
Mask		12/27/08	12/27/08	As an Lpn		
Pulse Oximetry		12/27/08	12/27/08	As an Lpn		
Suctioning:		12/27/08	12/27/08	As an Lpn		
Oropharyngeal		12/27/08				
Endotracheal		12/27/08		As an Lpn		
Tracheostomy care		12/27/08		As an Lpn		
Chest tube care				As an Lpn		
Postural drainage				As an Lpn		
Percussion, drainage, & clapping				As an Lpn		
ISOLATION TECHNIQUES						
VRE/MRSA				As an Lpn		
TB				10/20/12		
Neutrapenic (Reverse)				As an Lpn		
MEDICATION ADMINISTRATION						
Oral				As an Lpn	03/09/11	
Patches/topical				As an Lpn		
Subcutaneous				As an Lpn		
Intramuscular				As an Lpn		
Z-Track				As an Lpn		
IV INFUSION						
Peripheral		11/13/08		As an Lpn	03/16/11	
PICC line	*****	6/7/12		10/01/12		
Central/Triple Lumen	*****	06/7/12		10/01/12		
Monitoring of Drip Rate		11/13/08		10/01/12		
IV site assessment		11/13/08	11/13/08	As an Lpn	03/09/11	
Changing IV fluid bags		11/13/08		09/28/12		
Changing IV fluid tubings		11/13/08		09/28/12		
Arterial line maintenance	*****	6/21/12		06/20/12		

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COMPUTER DOCUMENTATION				As an Lpn	03/09/11	
EXPERIENCE TEACHING:						
Patients				As an Lpn	03/09/11	
Families				As an Lpn	03/09/11	
DISCHARGE PLANNING				As an Lpn	03/16/11	
BASIC LIFE SUPPORT (record dates of completion)				As an Lpn		

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist
 **Revised 11/15/12